

**DEPARTMENT OF TRANSPORTATION**  
**Federal Aviation Administration**

New York TRACON  
 1515 Stewart Avenue  
 Westbury, NY 11590

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 New York TRACON

Effective: 01/12/2020 0000 (UTC)  
 Letter to Airmen: LTA-N90-69

Subject: PRACTICE INSTRUMENT APPROACHES

Cancellation: 01/12/2022 0000 (UTC)

The New York TRACON will provide separation and sequencing service for aircraft practicing instrument approaches at the following airports with operating control towers: Teterboro, Danbury, Igor I. Sikorsky, Long Island MacArthur, Gabreski, Tweed-New Haven, Westchester County, Essex County, Morristown, Republic, Poughkeepsie, Stewart and Waterbury-Oxford.

This service is provided on a workload-permitting basis. There may be occasions when, due to traffic volume, the controller may temporarily be unable to approve a practice approach or may withdraw a previous approval. On these occasions, the controller will instruct the pilot to maintain VFR conditions and furnish an estimated time of resumption of this service.

Aircraft conducting practice instrument approaches will be afforded IFR separation when the controller issues the Approach Clearance.

When requesting a practice instrument approach, state type of aircraft, type of approach desired and how the approach will be terminated (full stop landing, touch-and-go, missed approach).

Clearance for a practice instrument approach does not constitute approval for execution of the missed approach procedure. This approval has to be specifically requested by the pilot and approved by the controller.

This program is not interpreted as relieving pilots of their responsibility to see and avoid other traffic operating in basic VFR weather conditions or to remain in weather conditions equal to or better than those specified in FAR 91.155.

The attached sheet is provided as a reference to determine the appropriate TRACON frequency to contact when requesting practice approaches.

## New York TRACON

### Practice Approach Frequency Listing

Airport	Frequency
CDW - Caldwell	127.6
MMU - Morristown	127.6
TEB - Teterboro	127.6

ISP - Long Island-MacArthur	134.55 or 120.05
FOK - Gabreski	125.97
BDR - Igor Sikorsky	124.075
HVN - Tweed-New Haven	124.075
OXC - Waterbury-Oxford	124.075
DXR - Danbury	126.4
HPN - Westchester	126.4
FRG - Republic	125.7
POU - Dutchess County (Poughkeepsie)	132.75
SWF - Stewart	132.75
HTO - East Hampton	125.975

Johnny Edwards  
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